



Drugs with Potential to Cause Hyposalivation or Dry Mouth

Action/medication group	Medicaments
Sympathomimetic	
Antidepressants	Venlafaxine Duloxetine Reboxetine Bupropion
Anticholinergic	
Tricyclic antidepressants	Amitriptyline Clomipramine Amoxapine Protriptyline Doxepin Imipramine Trimipramine Nortriptyline Desipramine
Muscarinic receptor antagonists	Oxybutynin
Alpha-receptor antagonists	Tamsulosin Terazosin
Antipsychotics	Promazine Trifluoperazine Mesoridazine Thioridazine Clozapine Olanzapine Azatadine Brompheniramine Chlorpheniramine Cycloheptadine Dexchlorpheniramine Hydroxyzine Phenindamine
Antihistamines	
Anticholinergic, dehydration	
Diuretics	Furosemide Bumetanide Torsemide Ethacrynic acid
Sympathomimetic	
Antihypertensive agents	Metoprolol Moxonidine Rilmenidine
Appetite suppressants	Phentermine
Decongestants	Pseudoephedrine
Bronchodilators	Tiotropium
Skeletal muscle relaxants	Tizanidine
Antimigraine agents	Rizatriptan
Synergistic mechanism	
Opioids, hypnotics	Opium Cannabis Tramadol Diazepam
Unknown	
H ₂ antagonists, proton pump inhibitors	Omeprazole
Cytotoxic drugs	Fluorouracil
Anti-HIV drugs, protease inhibitors	Didanosine

Diseases Associated with Signs of Hyposalivation or Xerostomia

Cause	Diseases
Chronic inflammatory autoimmune	Sjögren's syndrome Systemic lupus erythematosus Scleroderma Mixed connective tissue disease Sarcoidosis Amyloidosis Crohn's disease Ulcerative colitis
Endocrine	Diabetes mellitus Hyper- and hypothyroidism Cushing's syndrome Addison's disease
Neurologic	Mental depression Narcolepsy Parkinson's disease Bell's palsy Alzheimer's disease Holmes-Adie syndrome
Genetic and congenital	Ectodermal dysplasia Cystic fibrosis Prader-Willi syndrome
Malnutrition	Eating disorders Anorexia nervosa Bulimia nervosa Anemia Atrophic gastritis Dehydration Alcohol use
Infections	HIV/AIDS Epidemic parotitis (Mumps) Epstein-Barr virus Bacterial sialadenitis Tuberculosis
Other conditions	Hypertension Fibromyalgia Chronic fatigue syndrome Burning mouth syndrome Compromised masticatory performance

Oral Complications of Xerostomia

Action/medication group	Medicament
Oral factors difficulties	Taste disturbances, altered speech, dysphagia, dry mouth, thirst
Denture-related problems	Mucosal changes, injuries or oral mucosa, mucus accumulations
Oral tissues alterations	Denture sores, traumatic ulceration, denture retention problems
Oral tissues alterations	Increased dental caries, periodontal diseases, fungal infections

Additional Risk Factors with Potential to Cause Hyposalivation or Dry Mouth

Risk Factor
Mouth breather
Radiation therapy (head and neck)
Chemotherapy (can make saliva thicker)
Nerve damage
Tumor
Methamphetamine abuse