



Mouthrinse	pH
CTx4 Treatment Rinse – NaClO	10.40
CTx3 Maintenance Rinse – Fl, Xylitol	8.33
TheraBreath Oral Rinse	8.20
ACT Anticavity Fluoride Mouthwash	7.95
Cepacol Mouthwash	7.79
PerioSciences AO ProRinse – Plant Based	7.75
OraCare	7.55
BreathRx Anti-Bacterial Tongue Spray	7.30
CB12 Mouthwash	7.20
Oxyfresh Mouthrinse	7.17
SmartMouth	7.11
CloSYS Rinse – Clo2	7.10
Biotène Dry Mouth Oral Rinse	7.09
Colgate Optic White Mouthwash	6.95
CloSYS Alcohol-Free Oral Rinse	6.85
Oasis Moisturizing Mouthwash for Dry Mouth	6.49
Colgate Total Advanced Health Mouthwash	6.31
BreathRx Anti-Bacterial Mouth Rinse	6.21
BreathRx Anti-Bacterial Breath Spray	6.20
Colgate FluoriGard Daily Mouth Rinse	6.10
Smile Guard Orthodontic Brace Relief Rinse with Fluoride	6.10
Listerine Zero Alcohol Mouthwash	6.02
ProFresh Chlorine Dioxide Oral Rinse	5.90
Listerine Whitening Vibrant White Pre-Brush Rinse	5.66
ACT Restoring Anticavity Fluoride Mouthwash	5.56
Scope – CPC	5.55
Peridex – CHX	5.48
Listerine Total Care Mouthwash	5.44
Crest 3D White Multi-Care Whitening Rinse	5.40
Crest Pro-Health Clinical Rinse	5.18
Chlorhexidine Alcohol-Free	5.10
Fluoridex Daily Renewal Oral Rinse	5.10
Listerine Antiseptic Mouthwash	4.88
BreathRx Anti-Bacterial Rinse	4.74
Oral-B Anticavity Rinse	4.72
StellaLife Rinse – Plant Based	4.65
Biotène Mouthwash	4.64
Oral-B Antibacterial Rinse	4.62
BreathRx Anti-Bacterial Mouth Spray	4.53
Healthy White Bleach Agent	4.50
IoRinse RTU Mouth Rinse – Molecular Iodine	4.30
Crest Pro-Health Multi-Protection Mouthwash	4.27
Peroxyl Antiseptic Oral Cleanser	3.90
Tom's of Maine Wicked Fresh! Mouthwash	3.89
The Natural Dentist Healthy Gums Mouth Rinse	3.30

Basic > 7



Neutral = 7

Acidic < 7



PRODUCTS Treatment Rinse

- Active caries therapy only
 - CTx4 Treatment Rinse (CariFree)
 - 2x per day for one minute, for 1 month
 - 0.2% sodium hypochlorite
- Active periodontal therapy only
 - CTx4 Treatment Rinse (CariFree)
 - 2x per day for one minute, for 4 months, or until they reach zero bleeding (stability)
 - 0.2% sodium hypochlorite



Note: Prevident Dental Rinse and chlorhexidine gluconate may cause a change in the surface roughness of porcelain when used for a period of 2 years.

Reference: Bolding LM, Masri R, Arola D, Driscoll CF, Romberg E. Caries management by risk assessment (CAMBRA) and its effect on the surface roughness of various restorative materials. J Prosthet Dent. 2015 Oct;114(4):543-8.